

# School of Sleep Technology

## SAMPLE SCHEDULE

SEMESTER 1 (22 Weeks)

July-December

### Weeks 1-11

No Clinical Experience

Lecture and/or lab

Monday 1-3 pm (first 4 weeks)

Tuesday, Wednesday and  
Thursday 1-6 pm

### Weeks 12 – 22

Clinical Experience

2 nights/ week 4.5 hours per  
night

Days of the week and times vary

Lecture and/or lab

Wednesday and Thursday 1-6  
pm

## SEMESTER 2 (22 Weeks)

January – June

### Weeks 1-8

Clinical Experience	1 night/week – 10 hour overnight 1 night/week – 5 hour evening Days of the week and times vary
Lecture and/or lab	Wednesday and Thursday 1- 6:30 pm

### Weeks 9-16

Clinical Experience	2 nights/week – 10 hour overnight Days of the week and times vary
Lecture and/or lab	<b>CLASSWORK IS DONE ONLINE</b>

### Weeks 17-22

Clinical Experience	1 night/week – 10 hour overnight 1 night/week – 5 hour evening Days of the week and times vary
Lecture and/or lab	Wednesday and Thursday 1- 6:30 pm

